

There will be 2 swim courses for NJDC 2014, Long Course 50 Meter Pool and Short Course 25 Yard Pool. As there are 2 courses, there are now 2 sets of Swim Qualification times. The new Swim Qualifying Times (Level A) will be used for the 50 Meter Long Course. The current Qualifying Times (Level B) will be used for the 25 Yard Short Course. The Long course standards are published here. The 25 Yard Course standards are in the rulebook pages 15-18. Here is the link: <http://www.wasusa.org/Swimming/2014%20swimming%20rulebook%20v.2.pdf>

Swimmers must meet the Level A Standards to swim the 50 M Long Course events. Swimmers with “A” level qualifying times will be assigned Long Course events unless otherwise specified on the application. Swimmers with times qualifying in both “A” and “B” will be entered in both courses unless notified of preferences.

Swimmers may swim a maximum of 7 events, these may be spread over both courses. No events may be repeated between courses, ie: 50M and 50Y.

Any questions, please contact Glen O’Sullivan at glenosullivan@aol.com

Junior Qualifying B Standards 1A - 5D/E (Free & Back)

Class/Age Group		25 Free Y	25 Free M	50 Free Y	50 Free M	100 Free Y	100 Free M	200 Free Y	200 Free M	500 Free Y	400 Free M	25 Back Y	25 Back M	50 Back Y	50 Back M	100 Back Y	100 Back M
1/U11	M	2:30	2:44	5:00	5:28	X	X	X	X	X	X	2:30	2:44	5:30	6:02	X	X
	F	2:45	3:01	5:15	5:45	X	X	X	X	X	X	2:45	3:01	5:45	6:18	X	X
1/U14	M	2:30	2:44	5:00	5:28	X	X	X	X	X	X	2:30	2:44	5:15	5:45	X	X
	F	2:45	3:01	5:15	5:45	X	X	X	X	X	X	2:45	3:01	5:30	6:02	X	X
1/U16/18	M	X	X	4:45	5:12	7:00	7:40	11:00	13:02	X	X	X	X	5:00	5:28	8:30	9:18
	F	X	X	5:00	5:28	7:30	8:12	11:30	12:35	X	X	X	X	5:15	5:45	9:00	9:51
1/U20/23	M	X	X	4:45	5:12	7:00	7:40	11:00	13:02	X	X	X	X	4:45	5:12	8:30	9:18
	F	X	X	5:00	5:28	7:30	8:12	11:30	12:35	X	X	X	X	5:00	5:28	9:00	9:51
2/U11	M	2:15	2:28	4:45	5:12	X	X	X	X	X	X	2:30	2:44	4:15	4:39	X	X
	F	2:30	2:44	5:00	5:28	X	X	X	X	X	X	2:45	3:01	4:30	4:56	X	X
2/U14	M	2:15	2:28	4:45	5:12	X	X	X	X	X	X	2:30	2:44	4:00	4:23	X	X
	F	2:30	2:44	5:00	5:28	X	X	X	X	X	X	2:45	3:01	4:15	4:39	X	X
2/U16/18	M	X	X	4:30	4:56	5:30	6:02	10:30	11:29	X	X	X	X	3:45	4:06	6:30	7:07
	F	X	X	4:45	5:12	6:00	6:34	11:00	13:02	X	X	X	X	4:00	4:23	7:00	7:40
2/U20/23	M	X	X	4:30	4:56	5:15	5:45	10:15	11:13	X	X	X	X	3:30	3:50	6:30	7:07
	F	X	X	4:45	5:12	5:45	6:18	10:45	11:45	X	X	X	X	3:45	4:06	7:00	7:40
3/U11	M	2:00	2:12	4:00	4:23	X	X	X	X	X	X	2:30	2:44	3:30	3:50	X	X
	F	2:15	2:28	4:15	4:39	X	X	X	X	X	X	2:45	3:01	3:45	4:06	X	X
3/U14	M	2:00	2:12	4:00	4:23	X	X	X	X	X	X	2:15	2:28	3:15	3:34	X	X
	F	2:15	2:28	4:15	4:39	X	X	X	X	X	X	2:30	2:44	3:30	3:50	X	X
3/U16/18	M	X	X	3:45	4:06	5:00	5:28	8:45	9:34	X	X	X	X	3:00	3:17	5:30	6:02
	F	X	X	4:00	4:23	5:30	6:02	9:15	10:07	X	X	X	X	3:15	3:34	6:00	6:34
3/U20/23	M	X	X	3:45	4:06	4:45	5:12	8:15	9:01	X	X	X	X	2:45	3:01	5:30	6:02
	F	X	X	4:00	4:23	5:15	5:45	8:45	9:34	X	X	X	X	3:00	3:17	6:00	6:34
4/U11	M	1:45	1:55	3:30	3:50	X	X	X	X	X	X	2:30	2:44	3:15	3:34	X	X
	F	2:00	2:12	3:45	4:06	X	X	X	X	X	X	2:45	3:01	3:30	3:50	X	X
4/U14	M	1:45	1:55	3:30	3:50	X	X	X	X	X	X	2:15	2:28	3:00	3:17	X	X
	F	2:00	2:12	3:45	4:06	X	X	X	X	X	X	2:30	2:44	3:15	3:34	X	X
4/U16/18	M	X	X	3:15	3:34	4:45	5:12	8:15	9:01	X	X	X	X	2:45	3:01	4:45	5:12
	F	X	X	3:30	3:50	5:15	5:45	8:45	9:34	X	X	X	X	3:00	3:17	5:15	5:45
4/U20/23	M	X	X	3:00	3:17	4:30	4:56	7:45	8:29	X	X	X	X	2:30	2:44	4:45	5:12
	F	X	X	3:15	3:34	5:00	5:28	8:15	9:01	X	X	X	X	2:45	3:01	5:15	5:45
5/U11	M	1:45	1:55	3:00	3:17	X	X	X	X	X	X	2:15	2:28	2:30	2:44	X	X
	F	2:00	2:12	3:15	3:34	X	X	X	X	X	X	2:30	2:44	2:45	3:01	X	X

5/U14	M	1:30	1:39	3:00	3:17	4:30	4:56	7:15	7:56	X	X	2:00	2:12	2:30	2:44	4:45	5:12
	F	1:45	1:55	3:15	3:34	5:00	5:28	7:45	8:29	X	X	2:15	2:28	2:45	3:01	5:15	5:45
5/U16/18	M	X	X	2:45	3:01	4:15	4:39	7:00	7:40	X	X	X	X	2:15	2:28	4:30	4:56
	F	X	X	3:00	3:17	4:45	5:12	7:30	8:12	X	X	X	X	2:30	2:44	5:00	5:28
5/U20/23	M	X	X	2:30	2:44	4:00	4:23	7:00	7:40	X	X	X	X	2:15	2:28	4:15	4:39
	F	X	X	2:45	3:01	4:30	4:56	7:30	8:12	X	X	X	X	2:30	2:44	4:45	5:12

Junior Qualifying Standards 6A - 10D/E (Free & Back)

Class		25 Free Y	25 Free M	50 Free Y	50 Free M	100 Free Y	100 Free M	200 Free Y	200 Free M	500 Free Y	400 Free M	25 Back Y	25 Back M	50 Back Y	50 Back M	100 Back Y	100 Back M
6/U11	M	1:30	1:39	2:45	3:01	X	X	X	X	X	X	1:45	1:55	2:30	2:44	X	X
	F	1:45	1:55	3:00	3:17	X	X	X	X	X	X	2:00	2:12	2:45	3:01	X	X
6/U14	M	1:30	1:39	2:45	3:01	4:00	4:23	6:00	6:34	X	X	1:45	1:55	2:30	2:44	4:00	4:23
	F	1:45	1:55	3:00	3:17	4:30	4:56	6:30	7:07	X	X	2:00	2:12	2:45	3:01	4:30	4:56
6/U16/18	M	X	X	2:30	2:44	3:45	4:06	5:45	6:18	11:30	10:31	X	X	2:15	2:28	4:00	4:23
	F	X	X	2:45	3:01	4:15	4:39	6:15	6:50	12:00	10:59	X	X	2:30	2:44	4:30	4:56
6/U20/23	M	X	X	2:15	2:28	3:30	3:50	5:30	6:02	11:30	10:31	X	X	2:00	2:12	3:45	4:06
	F	X	X	2:30	2:44	4:00	4:23	6:00	6:34	12:00	10:59	X	X	2:15	2:28	4:15	4:39
7/U11	M	1:30	1:39	2:45	3:01	X	X	X	X	X	X	1:30	1:39	2:30	2:44	X	X
	F	1:45	1:55	3:00	3:17	X	X	X	X	X	X	1:45	1:55	2:45	3:01	X	X
7/U14	M	1:30	1:39	2:45	3:01	3:30	3:50	5:30	6:02	X	X	1:30	1:39	2:15	2:28	3:45	4:06
	F	1:45	1:55	3:00	3:17	4:00	4:23	6:00	6:34	X	X	1:45	1:55	2:30	2:44	4:15	4:39
7/U16/18	M	X	X	2:30	2:44	3:15	3:34	5:15	5:45	10:30	9:37	X	X	2:00	2:12	3:45	4:06
	F	X	X	2:45	3:01	3:45	4:06	5:45	6:18	11:00	10:04	X	X	2:15	2:28	4:15	4:39
7/U20/23	M	X	X	2:15	2:28	3:00	3:17	5:00	5:28	10:30	9:37	X	X	1:45	1:55	3:30	3:50
	F	X	X	2:30	2:44	3:30	3:50	5:30	6:02	11:00	10:04	X	X	2:00	2:12	4:00	4:23
8/U11	M	1:15	1:22	2:15	2:28	X	X	X	X	X	X	1:15	1:22	1:45	1:55	X	X
	F	1:30	1:39	2:30	2:44	X	X	X	X	X	X	1:30	1:39	2:00	2:12	X	X
8/U14	M	1:15	1:22	2:15	2:28	3:15	3:34	5:15	5:45	X	X	1:15	1:22	2:00	2:12	3:30	3:50
	F	1:30	1:39	2:30	2:44	3:45	4:06	5:45	6:18	X	X	1:30	1:39	2:15	2:28	4:00	4:23
8/U16/18	M	X	X	2:00	2:12	3:00	3:17	5:00	5:28	10:15	9:23	X	X	1:45	1:55	3:30	3:50
	F	X	X	2:15	2:28	3:30	3:50	5:30	6:02	10:45	9:50	X	X	2:00	2:12	4:00	4:23
8/U20/23	M	X	X	1:45	1:55	2:45	3:01	4:45	5:12	10:15	9:23	X	X	1:45	1:55	3:15	3:34
	F	X	X	2:00	2:12	3:15	3:34	5:15	5:45	10:45	9:50	X	X	2:00	2:12	3:45	4:06
9/U11	M	1:15	1:22	2:15	2:28	X	X	X	X	X	X	1:00	1:06	2:00	2:12	X	X
	F	1:30	1:39	2:30	2:44	X	X	X	X	X	X	1:15	1:22	2:15	2:28	X	X
9/U14	M	1:15	1:22	2:00	2:12	3:00	3:17	5:00	5:28	X	X	1:00	1:06	1:45	1:55	3:15	3:34
	F	1:30	1:39	2:15	2:28	3:30	3:50	5:30	6:02	X	X	1:15	1:22	2:00	2:12	3:45	4:06

WASUSA

Swimming

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9/U16/18 M	X	X	1:45	1:55	2:45	3:01	4:45	6:02	9:30	8:42	X	X	1:30	1:39	3:15	3:34
F	X	X	2:00	2:12	3:15	3:34	5:15	5:45	10:00	9:09	X	X	1:45	1:55	3:45	4:06
9/U20/23 M	X	X	1:30	1:39	2:30	2:44	4:30	4:56	9:30	8:42	X	X	1:30	1:39	3:00	3:17
F	X	X	1:45	1:55	3:00	3:17	5:00	5:28	10:00	9:09	X	X	1:45	1:55	3:30	3:50
10/U11 M	1:00	1:06	2:00	2:12	X	X	X	X	X	X	1:00	1:06	2:00	2:12	X	X
F	1:15	1:22	2:15	2:28	X	X	X	X	X	X	1:15	1:22	2:15	2:28	X	X
10/U14 M	1:00	1:06	1:45	1:55	2:45	3:01	5:00	5:28	X	X	1:00	1:06	1:45	1:55	3:00	3:17
F	1:15	1:22	2:00	2:12	3:15	3:34	5:15	5:45	X	X	1:15	1:22	2:00	2:12	3:30	3:50
10/U16/18 M	X	X	1:30	1:39	2:30	2:44	4:45	5:12	9:15	8:28	X	X	1:30	1:39	3:00	3:17
F	X	X	1:45	1:55	3:00	3:17	5:15	5:45	9:45	8:55	X	X	1:45	1:55	3:30	3:50
10/U20/23 M	X	X	1:15	1:22	2:15	2:28	4:30	4:53	9:15	8:28	X	X	1:30	1:39	2:45	3:01
F	X	X	1:30	1:39	2:45	3:01	5:00	5:28	9:45	8:55	X	X	1:45	1:55	3:15	3:34

Junior Qualifying Standards 11 - 13D/E (Free & Back)

Class	25 Free Y	25 Free M	50 Free Y	50 Free M	100 Free Y	100 Free M	200 Free Y	200 Free M	500 Free Y	400 Free M	25 Back Y	25 Back M	50 Back Y	50 Back M	100 Back Y	100 Back M
11/U11 M	1:15	1:22	2:15	2:28	X	X	X	X	X	X	1:00	1:06	2:00	2:12	X	X
F	1:30	1:39	2:30	2:44	X	X	X	X	X	X	1:15	1:22	2:15	2:28	X	X
11/U14 M	1:15	1:22	2:00	2:12	3:00	3:17	5:00	5:28	X	X	1:00	1:06	1:45	1:55	3:15	3:34
F	1:30	1:39	2:15	2:28	3:30	3:50	5:30	6:02	X	X	1:15	1:22	2:00	2:12	3:45	4:06
11/U16/18 M	X	X	1:45	1:55	2:45	3:01	4:45	5:12	9:30	8:42	X	X	1:30	1:39	3:15	3:34
F	X	X	2:00	2:12	3:15	3:34	5:15	5:45	10:00	9:09	X	X	1:45	1:55	3:45	4:06
11/U20/23 M	X	X	1:30	1:39	2:30	2:44	4:30	4:56	9:30	8:42	X	X	1:30	1:39	3:00	3:17
F	X	X	1:45	1:55	3:00	3:17	5:00	5:28	10:00	9:09	X	X	1:45	1:55	3:30	3:50
12/13 M	1:00	1:06	2:00	2:12	X	X	X	X	X	X	1:00	1:06	2:00	2:12	X	X
U11 F	1:15	1:22	2:15	2:28	X	X	X	X	X	X	1:15	1:22	2:15	2:28	X	X
12/13 M	1:00	1:06	1:45	1:55	2:45	3:01	5:00	5:28	X	X	1:00	1:06	1:45	1:55	3:00	3:17
U14 F	1:15	1:22	2:00	2:12	3:15	3:34	5:15	5:45	X	X	1:15	1:22	2:00	2:12	3:30	3:50
12/13 M	X	X	1:30	1:39	2:30	2:44	4:45	5:12	9:15	8:28	X	X	1:30	1:39	3:00	3:17
U16/18 F	X	X	1:45	1:55	3:00	3:17	5:15	5:45	9:45	8:55	X	X	1:45	1:55	3:30	3:50
12/13 M	X	X	1:15	1:22	2:15	2:28	4:30	4:56	9:15	8:28	X	X	1:30	1:39	2:45	3:01
U20/23 F	X	X	1:30	1:39	2:45	3:01	5:00	5:28	9:45	8:55	X	X	1:45	1:55	3:15	3:34

Revised 01/2013

Junior Qualifying Standards 1A - 5D/E(Breast & Fly)

Class		25 Breast Y	25 Breast M	50 Breast Y	50 Breast M	100 Breast Y	100 Breast M	25 Fly Y	25 Fly M	50 Fly Y	50 Fly M	100 Fly Y	100 Fly M
1/U11	M	2:45	3:01	X	X	X	X	X	X	X	X	X	X
	F	3:00	3:17	X	X	X	X	X	X	X	X	X	X
1/U14	M	2:45	3:01	X	X	X	X	3:00	3:17	X	X	X	X
	F	3:00	3:17	X	X	X	X	3:15	3:34	X	X	X	X
1/U16/18	M	2:30	2:44	4:30	4:56	X	X	3:00	3:17	5:00	5:28	X	X
	F	2:45	3:01	4:45	5:12	X	X	3:15	3:34	5:15	5:45	X	X
1/U20/23	M	2:30	2:44	4:30	4:56	X	X	3:00	3:17	5:00	5:28	X	X
	F	2:45	3:01	4:45	5:12	X	X	3:15	3:34	5:15	5:45	X	X
2/U11	M	2:45	3:01	X	X	X	X	X	X	X	X	X	X
	F	3:00	3:17	X	X	X	X	X	X	X	X	X	X
2/U14	M	2:45	3:01	X	X	X	X	3:00	3:17	X	X	X	X
	F	3:00	3:17	X	X	X	X	3:15	3:34	X	X	X	X
2/U16/18	M	2:30	2:44	4:15	4:39	X	X	2:45	3:01	4:45	5:12	X	X
	F	2:45	3:01	4:30	4:56	X	X	3:00	3:17	5:00	5:28	X	X
2/U20/23	M	2:30	2:44	4:15	4:39	X	X	2:45	3:01	4:45	5:12	X	X
	F	2:45	3:01	4:30	4:56	X	X	3:00	3:17	5:00	5:28	X	X
3/U11	M	2:30	2:44	X	X	X	X	X	X	X	X	X	X
	F	2:45	3:01	X	X	X	X	X	X	X	X	X	X
3/U14	M	2:30	2:44	4:00	4:23	X	X	2:45	3:01	X	X	X	X
	F	2:45	3:01	4:15	4:39	X	X	3:00	3:17	X	X	X	X
3/U16/18	M	2:15	2:28	3:45	4:06	5:15	5:45	2:30	2:44	4:30	4:56	X	X
	F	2:30	2:44	4:00	4:23	5:45	6:18	2:45	3:01	4:45	5:28	X	X
3/U20/23	M	2:15	2:28	3:30	3:50	5:15	5:45	2:30	2:44	4:15	4:39	X	X
	F	2:30	2:44	3:45	4:06	5:45	6:18	2:45	3:01	4:30	4:56	X	X
4/U11	M	2:30	2:44	X	X	X	X	X	X	X	X	X	X
	F	2:45	3:01	X	X	X	X	X	X	X	X	X	X
4/U14	M	2:15	2:28	3:45	4:06	X	X	2:30	2:44	X	X	X	X
	F	2:30	2:44	4:00	4:23	X	X	2:45	3:01	X	X	X	X
4/U16/18	M	X	X	3:30	3:50	5:00	5:28	2:15	2:28	4:00	4:23	X	X
	F	X	X	3:45	4:06	5:30	6:02	2:30	2:44	4:15	4:39	X	X
4/U20/23	M	X	X	3:15	3:34	5:00	5:28	2:00	2:12	4:00	4:23	X	X
	F	X	X	3:30	3:50	5:30	6:02	2:15	2:28	4:15	4:39	X	X

WASUSA

Swimming

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5/U11	M	2:15	2:28	X	X	X	X	2:15	2:28	X	X	X	X
	F	2:30	2:44	X	X	X	X	2:30	2:44	X	X	X	X
5/U14	M	2:00	2:12	3:30	3:50	X	X	2:00	2:12	3:30	3:50	X	X
	F	2:15	2:28	3:45	4:06	X	X	2:15	2:28	3:45	4:06	X	X
5/U16/18	M	X	X	3:15	3:34	5:00	5:28	1:45	1:55	3:30	3:50	4:00	4:23
	F	X	X	3:30	3:50	5:30	6:02	2:00	2:12	3:45	4:06	4:30	4:56
5/U20/23	M	X	X	3:15	3:34	4:45	5:12	1:30	1:39	3:30	3:50	4:00	4:23
	F	X	X	3:30	3:50	5:15	5:45	1:45	1:55	3:45	4:06	4:30	4:56

Junior Qualifying Standards 6A - 10D/E (Breast & Fly)

Class/Age Group		25	25	50	50	100	100	25	25	50	50	100	100
		Breast	Breast	Breast	Breast	Breast	Breast	Fly	Fly	Fly	Fly	Fly	Fly
		Y	M	Y	M	Y	M	Y	M	Y	M	Y	M
6/U11	M	2:15	2:28	X	X	X	X	2:00	2:12	X	X	X	X
	F	2:30	2:44	X	X	X	X	2:15	2:28	X	X	X	X
6/U14	M	2:00	2:12	3:15	3:34	X	X	2:00	2:12	3:30	3:50	X	X
	F	2:15	2:28	3:30	3:50	X	X	2:15	2:28	3:45	4:06	X	X
6/U16/18	M	X	X	3:15	3:34	5:00	5:28	X	X	3:30	3:50	3:45	4:06
	F	X	X	3:30	3:50	5:30	6:02	X	X	3:45	4:06	4:15	4:39
6/U20/23	M	X	X	3:00	3:17	4:45	5:12	X	X	2:45	3:01	3:45	4:06
	F	X	X	3:15	3:34	5:15	5:45	X	X	3:00	3:17	4:15	4:39
7/U11	M	2:15	2:28	X	X	X	X	1:45	1:55	X	X	X	X
	F	2:30	2:44	X	X	X	X	2:00	2:12	X	X	X	X
7/U14	M	2:00	2:12	3:15	3:34	X	X	1:45	1:55	3:15	3:34	X	X
	F	2:15	2:28	3:30	3:50	X	X	2:00	2:12	3:30	3:50	X	X
7/U16/18	M	X	X	3:00	3:17	4:45	5:12	X	X	2:45	3:01	3:30	3:50
	F	X	X	3:15	3:34	5:15	5:45	X	X	3:00	3:17	4:00	4:23
7/U20/23	M	X	X	2:45	3:01	4:30	4:56	X	X	2:30	2:44	3:30	3:50
	F	X	X	3:00	3:17	5:00	5:28	X	X	2:45	3:01	4:00	4:23
8/U11	M	2:00	2:12	X	X	X	X	1:45	1:55	X	X	X	X
	F	2:15	2:28	X	X	X	X	2:00	2:12	X	X	X	X
8/U14	M	1:45	1:55	3:00	3:17	X	X	1:30	1:39	3:00	3:17	X	X
	F	2:00	2:12	3:15	3:34	X	X	1:45	1:55	3:15	3:34	X	X
8/U16/18	M	X	X	2:45	3:01	4:30	4:56	X	X	2:30	2:44	3:15	3:34
	F	X	X	3:00	3:17	5:00	5:28	X	X	2:45	3:01	3:45	4:06
8/U20/23	M	X	X	2:30	2:44	4:15	4:39	X	X	2:30	2:44	3:15	3:34
	F	X	X	2:45	3:01	4:45	5:12	X	X	2:45	3:01	3:45	4:06
9/U11	M	1:45	1:55	X	X	X	X	1:30	1:39	X	X	X	X
	F	2:00	2:12	X	X	X	X	1:45	1:55	X	X	X	X

WASUSA

Swimming

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9/U14	M	1:30	1:39	2:45	3:01	X	X	1:30	1:39	2:45	3:01	X	X
	F	1:45	1:55	3:00	3:17	X	X	1:45	1:55	3:00	3:17	X	X
9/U16/18	M	X	X	2:30	2:44	4:15	4:39	X	X	2:15	2:28	3:00	3:17
	F	X	X	2:45	3:01	4:45	5:12	X	X	2:30	2:44	3:30	3:50
9/U20/23	M	X	X	2:15	2:28	4:00	4:23	X	X	2:15	2:28	3:00	3:17
	F	X	X	2:30	2:44	4:30	4:56	X	X	2:30	2:44	3:30	3:50
10/U11	M	X	X	X	X	X	X	1:30	1:39	X	X	X	X
	F	X	X	X	X	X	X	1:45	1:55	X	X	X	X
10/U14	M	X	X	X	X	X	X	1:15	1:22	2:30	2:44	X	X
	F	X	X	X	X	X	X	1:30	1:39	2:45	3:01	X	X
10/U16/18	M	X	X	X	X	X	X	X	X	2:15	2:28	2:45	3:01
	F	X	X	X	X	X	X	X	X	2:30	2:44	3:15	3:34
10/U20/23	M	X	X	X	X	X	X	X	X	2:00	2:12	2:45	3:01
	F	X	X	X	X	X	X	X	X	2:15	2:28	3:15	3:34

Junior Qualifying Standards 11 - 13D/E (Breast & Fly)

Class	25	25	50	50	100	100	25	25	50	50	100	100	
	Breast	Breast	Breast	Breast	Breast	Breast	Fly	Fly	Fly	Fly	Fly	Fly	
	Y	M	Y	M	Y	M	Y	M	Y	M	Y	M	
11/U11	M	2:00	2:12	X	X	X	X	1:30	1:39	X	X	X	X
	F	2:15	2:28	X	X	X	X	1:45	1:55	X	X	X	X
11/U14	M	1:45	1:55	3:00	3:17	X	X	1:30	1:39	2:15	2:28	X	X
	F	2:00	2:12	3:15	3:34	X	X	1:45	1:55	2:30	2:44	X	X
11/U16/18	M	X	X	2:45	3:01	4:30	4:56	X	X	2:15	2:28	3:00	3:17
	F	X	X	3:00	3:17	5:00	5:28	X	X	2:30	2:44	3:30	3:50
11/U20/23	M	X	X	2:30	2:44	4:15	4:39	X	X	2:00	2:12	3:00	3:17
	F	X	X	2:45	3:01	4:45	5:12	X	X	2:15	2:28	3:30	3:50
12/13	M	1:45	1:55	X	X	X	X	1:30	1:39	X	X	X	X
U11	F	2:00	2:12	X	X	X	X	1:45	1:55	X	X	X	X
12/13	M	1:30	1:39	2:45	3:01	X	X	1:15	1:22	2:00	2:12	X	X
U14	F	1:45	1:55	3:00	3:17	X	X	1:30	1:39	2:15	2:28	X	X
12/13	M	X	X	2:30	2:44	4:15	4:39	X	X	2:00	2:12	2:45	3:01
U16/18	F	X	X	2:45	3:01	4:45	5:12	X	X	2:15	2:28	3:15	3:34
12/13	M	X	X	2:15	2:28	4:00	4:23	X	X	1:45	1:55	2:45	3:01
U20/23	F	X	X	2:30	2:44	4:30	4:56	X	X	2:00	2:12	3:15	3:34

Junior Qualifying Standards 1A - 5D/E (IM)

Class		IM 3x25	IM 3x25	IM 3x50	IM 3x50	IM 4x25	IM 4x25	IM 4x50	IM 4x50
		Y	M	Y	M	Y	M	Y	M
1/U11	M	6:30	7:07	X	X	X	X	X	X
	F	6:45	7:23	X	X	X	X	X	X
1/U14	M	5:45	6:18	X	X	X	X	X	X
	F	6:00	6:34	X	X	X	X	X	X
1/U16/18	M	5:30	6:02	8:30	9:18	X	X	X	X
	F	5:45	6:18	9:00	9:51	X	X	X	X
1/U20/23	M	5:15	5:45	8:30	9:18	5:00	5:28	X	X
	F	5:30	6:02	9:00	9:51	5:30	6:02	X	X
2/U11	M	6:00	6:34	X	X	X	X	X	X
	F	6:15	6:50	X	X	X	X	X	X
2/U14	M	5:45	6:18	X	X	X	X	X	X
	F	6:00	6:34	X	X	X	X	X	X
2/U16/18	M	5:30	6:02	8:00	8:45	X	X	X	X
	F	5:45	6:18	8:30	9:18	X	X	X	X
2/U20/23	M	5:15	5:45	8:00	8:45	4:45	5:12	X	X
	F	5:30	6:02	8:30	9:18	5:15	5:45	X	X
3/U11	M	5:30	6:02	X	X	X	X	X	X
	F	5:45	6:18	X	X	X	X	X	X
3/U14	M	5:15	5:45	X	X	X	X	X	X
	F	5:30	6:02	X	X	X	X	X	X
3/U16/18	M	5:00	5:28	7:00	7:40	5:00	5:28	8:00	8:45
	F	5:15	5:45	7:30	8:12	5:30	6:02	8:30	9:18
3/U20/23	M	4:45	5:12	7:00	7:40	5:00	5:28	8:00	8:45
	F	5:00	5:28	7:30	8:12	5:30	6:02	8:30	9:18
4/U11	M	5:30	6:02	X	X	5:00	5:28	X	X
	F	5:45	6:18	X	X	5:30	6:02	X	X
4/U14	M	5:15	5:45	X	X	4:45	5:12	X	X
	F	5:30	6:02	X	X	5:15	5:45	X	X
4/U16/18	M	5:00	5:28	6:00	6:34	4:45	5:12	7:30	8:12
	F	5:15	5:45	6:30	7:07	5:15	5:45	8:00	8:45
4/U20/23	M	4:45	5:12	6:00	6:34	4:45	5:12	7:30	8:12
	F	5:00	5:28	6:30	7:07	5:15	5:45	8:00	8:45
5/U11	M	X	X	X	X	5:00	5:28	X	X
	F	X	X	X	X	5:30	6:02	X	X
5/U14	M	X	X	X	X	5:00	5:28	X	X
	F	X	X	X	X	5:30	6:02	X	X
5/U16/18	M	X	X	X	X	X	X	7:00	7:40
	F	X	X	X	X	X	X	7:30	8:12
5/U20/23	M	X	X	X	X	X	X	7:00	7:40
	F	X	X	X	X	X	X	7:30	8:12
6/U11	M	X	X	X	X	5:00	5:28	X	X
	F	X	X	X	X	5:15	5:45	X	X
6/U14	M	X	X	X	X	4:45	5:12	X	X
	F	X	X	X	X	5:00	5:28	X	X
6/U18	M	X	X	X	X	X	X	6:30	7:07
	F	X	X	X	X	X	X	7:00	7:40
6/U20/23	M	X	X	X	X	X	X	6:30	7:07
	F	X	X	X	X	X	X	7:00	7:40

7/U11	M	X	X	X	X	5:00	5:28	X	X
	F	X	X	X	X	5:15	5:45	X	X
7/U14	M	X	X	X	X	4:30	4:56	X	X
	F	X	X	X	X	4:45	5:12	X	X
7/U16/18	M	X	X	X	X	4:15	4:39	6:00	6:34
	F	X	X	X	X	4:30	4:56	6:30	7:07
7/U20/23	M	X	X	X	X	X	X	6:00	6:34
	F	X	X	X	X	X	X	6:30	7:07
8/U11	M	X	X	X	X	5:00	5:28	X	X
	F	X	X	X	X	5:15	5:45	X	X
8/U14	M	X	X	X	X	4:15	4:39	X	X
	F	X	X	X	X	4:30	4:56	X	X
8/U16/18	M	X	X	X	X	4:00	4:23	5:30	6:02
	F	X	X	X	X	4:15	4:39	6:00	6:34
8/U20/23	M	X	X	X	X	X	X	5:30	6:02
	F	X	X	X	X	X	X	6:00	6:34
9/U11	M	X	X	X	X	4:45	5:12	X	X
	F	X	X	X	X	5:00	5:28	X	X
9/U14	M	X	X	X	X	4:00	4:23	X	X
	F	X	X	X	X	4:15	4:39	X	X
9/U16/1	M	X	X	X	X	3:30	3:50	5:00	5:28
	F	X	X	X	X	3:45	4:06	5:30	6:02
9/U20/23	M	X	X	X	X	X	X	5:00	5:28
	F	X	X	X	X	X	X	5:30	6:02
10/U11	M	X	X	X	X	4:45	5:12	X	X
	F	X	X	X	X	5:00	5:28	X	X
10/U14	M	X	X	X	X	3:45	4:06	X	X
	F	X	X	X	X	4:00	4:23	X	X
10/U16/18	M	X	X	X	X	3:15	3:34	4:30	4:56
	F	X	X	X	X	3:30	3:50	5:00	5:28
10/ U20/23	M	X	X	X	X	X	X	4:30	4:56
	F	X	X	X	X	X	X	5:00	5:28
11/U11	M	X	X	X	X	4:45	5:12	X	X
	F	X	X	X	X	5:00	5:28	X	X
11/U14	M	X	X	X	X	4:00	5:12	X	X
	F	X	X	X	X	4:15	5:28	X	X
11/U16/18	M	X	X	X	X	3:30	3:50	5:00	5:28
	F	X	X	X	X	3:45	4:06	5:30	6:02
11/U20/23	M	X	X	X	X	X	X	5:00	5:28
	F	X	X	X	X	X	X	5:30	6:02
12/13	M	X	X	X	X	4:45	5:12	X	X
U11	F	X	X	X	X	5:00	5:28	X	X
12/13	M	X	X	X	X	3:45	4:06	X	X
U14	F	X	X	X	X	4:00	4:23	X	X
12/13	M	X	X	X	X	3:15	3:34	4:30	4:56
U16/18	F	X	X	X	X	3:30	3:50	5:00	5:28
12/13	M	X	X	X	X	X	X	4:30	4:56
U20/23	F	X	X	X	X	X	X	5:00	5:28

