

AHSAA POST-CONCUSSION RETURN TO LEARN POLICY

When a student athlete sustains a concussion, it may have an effect on their scholastic abilities also. The AHSAA firmly believes that the return to learn pathway is one that needs to be managed by the athlete's parents, the school system, and the physician. These decisions are complex and must be individualized. There are numerous resources available for parents, teachers, counselors, and school professionals can serve as a quick reference guide in the classroom.

The AHSAA believes the HEADS UP initiative by the Center for Disease Control (CDC) serves as an excellent resource on return to learn recommendations. The following link serves as a good start to accumulate information:

<https://www.cdc.gov/headsup/schools/teachers.html>