

WRESTLING COACHING SCHOOL

WEDNESDAY, JULY 18

- 7:15 – 3:30 p.m.** **Lobby**
Registration
- 8:00 – 9:00 a.m.** **Alabama Ballroom E**
New Coaches Orientation Clinic
Kent Chambers, Bob Jones High School, Retired
- 9:00 – 10:00 a.m.** **Convention Center A**
“Building a Championship Program”
Speaker: Monterrious Adams, Vestavia High School
Moderator: Wrestling Committee
- 10:15 – 11:15 p.m.** **Convention Center A**
“Small School Championship Program Building”
Speaker: Michael Pruitt, Arab High School
Moderator: Wrestling Committee
- 11:15 – 1:00 p.m.** **Lunch (on your own)**
- 1:00 – 1:30 p.m.** **Alabama Ballroom B**
AHSADCA Members Meeting
Selection of New Officers
Membership Update
- 1:45 – 2:45 p.m.** **Convention Center A**
Rules Clinic
(Coaches more than 10 minutes late will not be scanned)
- 3:00 – 4:00 p.m.** **Convention Center A**
“Trackwrestling 101”
Speaker: Eric Pollard, Trackwrestling
Moderator: Michael Pruitt, Arab High School



Kent Chambers



Monterrious Adams



Michael Pruitt