

TRACK AND FIELD COACHING SCHOOL

WEDNESDAY, JULY 19

- 7:30 a.m.** Auburn University Montgomery
All-Star Cross Country Meet (Girls)
- 8:00 a.m.** Auburn University Montgomery
All-Star Cross Country Meet (Boys)
- 8:00 – 9:00 a.m.** Alabama Ballroom E
New Coaches Orientation Clinic
Kent Chambers, Bob Jones High School, Retired
- 9:00 – 9:50 a.m.** Alabama Ballroom C/D
Sprinting: The Troy Way
Speaker: Marc Davis, Troy University
Moderator: Paul Agnew, Baker High School
- 10:00 – 10:50 a.m.** Alabama Ballroom C/D
Developing Distance Runners
Speaker: Marc Davis, Troy University
Moderator: Paul Agnew, Baker High School
- 11:00 – 12:00 p.m.** Alabama Ballroom C/D/E
Rules Clinic
(Coaches more than 10 minutes late will not be scanned)
- 12:00 – 1:30 p.m.** Lunch (On your own)
- 1:30 – 1:50 p.m.** Alabama Ballroom B
AHSADCA Members Meeting
Selection of New Officers
Membership Update
- 1:30 – 2:30 p.m.** Alabama Ballroom C/D
Off Season/In Season Program
Speaker: Dan August, Huntingdon College
Moderator: Blake Borden, Huntsville High School
- 2:30 – 3:30 p.m.** Alabama Ballroom C/D
Injury Prevention Tips And Recruiting
Speaker: Dan August, Huntingdon College
Moderator: Blake Borden, Huntsville High School



Mark Davis



Dan August