

AHSAA Intravenous Fluid Use Policy

According to the recommendation of the AHSAA Medical Advisory Board, the use of intravenous fluid hydration/rehydration (IVs) may be used in athletes only in the case of medical necessity.

Under AHSAA policy, an athlete requiring intravenous fluid therapy will not be allowed to participate in any athletic activity until cleared by a medical doctor and approved by the parents or guardian. A direct verbal or written order from a medical doctor is required.